

Your carnal man is the strong man of your house. Bind him. You are your own worst enemy.

Matthew 12:28 But if I **cast out devils** by the Spirit of God, then the kingdom of God is come unto you.

29 Or else how can one enter into a strong man's house, and spoil his goods, except he **first bind the strong man?** and **then** he will **spoil** (plunder) his house.

Plunder ~ take away things that tempt you ~ lust of the flesh, lust of the eyes, pride of life.

Romans 7:23 But I see another law in my members, **warring** against the law of my mind, and **bringing me into captivity** to the law of sin **which is in my members**.

Romans 7:25 So then **with the mind** I myself serve the law of God; but **with the flesh** the law of sin.

Lately I have had some problems that have tried my patience. This strong man in me was negative. My carnal mind was worried that I was not going to get my own way. My strong carnal man was battling against my spiritual mind. The carnal and spiritual were battling for control and I was caught in the crossfire. I recognized what was happening and set out to do battle with myself. I had to get this strong man out of my way. I must enter my heart to bind the strong man.

My first battle was to get myself to surrender. Turn it loose. Get quiet and listen to the Word. I know the Word has inspiration in it. You must break down the door to your heart and enter your house with His Word. You do this by meditating on God's Word. I have used the inspiration of the Word many times to change my mood. I would meditate and meditate on it until finally I believed God and was happy again. The Word will do that for me first, then I can work with the confidence that God is in control of my affairs. Meditate until the door opens. Bind the strong man in you first. Get him out of your way.

You can bind the strong man of your house with the Word of inspiration before worry has any power over you. Then you can worship through it all. Let the wind blow. You built on the rock. Sounds do not scare you when you know the rock foundation you are built on. The wind and the rain will do damage to others. But when you walk outside to view the damage and see your house still standing you will say: "there is a God in Heaven."

1 Corinthians 10:13 There hath no temptation taken you but such as is common to man: but **God is faithful**, who **will not suffer** you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

The temptation in this article is worry. Believe in God. Believe in yourself. God made you equipped to do battle with the strong man. When you do battle with Satan you are compatible with God. You are doing God's will in your life. When you worry you are incompatible with God, so give God what He wants. Bind the strong man in you before he makes you tired and wears you out. You can be happy in bad times.

My problem is I worry and fear I will not be able to do the things I am responsible for. God is trying to tell me I am not in this all alone. He cares about the affairs of men. It is His world. He shows me a part of His overview and I calm down. I rest secure in His ability to take care of me as though I was the only one He had to look after. Why worry when you can pray fits.