

Welcome to freedom,

God gave us dominion. Depression happens inside a person. **Depression is not of God.** Depression is a lie from the Devil Himself. Resist him and he will flee from you.

The spirit of depression means being dissatisfied. There are many things that can cause it. The depth of depression can be shallow or deep. It can be just a blip on the screen or a blinding snow storm that covers the whole screen. It is all curable. The key to curing depression is Hope in God. **If God can bring a dead man back to life He can cure depression no matter how deep.** Only believe. All things are possible to those who believe.

The Manual---The map---The cure. Study this.

Chemicals can affect your thinking but they are not the thought itself. It is the spirit that thinks. Jesus said it is the spirit that quickeneth, the chemical flesh profiteth **nothing**. A chemically drunk man still has a conscience.

John 15:4 Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me.

5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.

Depression can be healed. Jesus is the life of the vine. Our spirit is the branch benefiting from the Vine. The healing of depression we produce is the healing fruit of The Vine.

Mark 7:18 And he saith unto them, Are ye **so without understanding** also? Do ye not perceive, that whatsoever thing from without entereth into the man, it cannot defile him; **(alf: nor can it make him holy.)**

19 Because it entereth not into his heart, but into the belly, and goeth out into the draught, purging all meats?

20 And he said, That which cometh out of the man, that defileth the man.

21 For from within, **out of the heart of men**, proceed evil thoughts, adulteries, fornications, murders,

22 Thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness:

23 All these evil things **come from within**, and defile the man.

Depression happens inside a person. You are depressing yourself with an untruth, a lie. You're depressing yourself. Out of your heart is continuing depression. This **defiles** the man. He thinks and does **negative** things he otherwise wouldn't do. You're doing it to yourself. But you also can do some things **to yourself** and win!

The answer. Think scripture!

Do this to yourself and cure Depression!

Psalms 23:4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

Depression is the spirit of the Devil Himself. Resist him and he will flee from you.

Jesus taught our chemical body is separate from our spirit. A chemical cannot cure a spirit - only correct our chemical balance.

Depression is not chemical. You can't think chemically. You are a spirit. Chemicals work on the brain tissue through the blood not through your spirit. Chemicals block or release chemicals. Is that good? Yes, in some situations. Is it a cure for depression? NO!

Depression is when you feel like you can't get there from here. Discover patience. Patience is possession. Learn to be content - not depressed. The answer to depression is possession patience.